A 4bid production

4 ways to go about it

Online 1-hour duo sessions

Week 5

07.05.2020, h.12-13

Elisa – Artè – Irina

Simona (streaming)

First task: shadow size: one unconceivably small

 one unconceivably large

Call switch when feeling like it. The dancers call the change instead of Irina, so to create relations.

What happens if you go beyond your imagination, if something is larger / smaller than you can conceive?

S thought: juxtaposition. Is small = constriction = large = release / relief? Is the equation created by the juxtaposition (or viceversa)?

Add layer: life size shadow as well.

A: good fun and good transitions, felt natural.

I: challenge of: can it be what it is not meant to be?

E: In life size there was will, I had agency of choice whereas the small and large options were given, so I felt there was less variety.

I: with a life size shadow you’re dealing with something comparable to you, whereas if a size is given or the size is out of reach, where is you?

E: I had the avalanche image for the large shadow. For the small size, the image of a grain came out at first and then of a large picture getting smaller and smaller, shrank.

09.05.2020, h.12-13

Charlie – Tashi – Irina

Simona (live)

C: wow, you always have a different hairstyle Iri.

I: yes, it is an old habit of mine, to keep changing.

First task: shadow size: one unconceivably small

 one unconceivably large.

Call switch when you get it. So, one is conscious of the decision, for the other it comes as a surprise and then the opposite happens after.

S thought: with a small size shadow, is the movement of the shadow, and therefore of the body (or the opposite) slower so that you’re conscious of the shadow presence? (bouncing effect)

Is there a control mechanism enabled?

What happens on the exact moment when you go large? Is it a sense of freedom / release / relief?

Do you feel constricted when you go small / when shadow becomes small?

Is there more curation / sense of care with a small shadow rather than large?

Why with a large shadow the movements are wide, big (too)?

Is it following a linearity thinking of small = tiny movements and large = wide movements?

Add layer: life size shadow

I: are you getting faster in getting it? What happens when you’re changing repeatedly?

T: I got confused when you introduced the life size shadow. I was life size myself already with small and large shadows.

I: what’s life size for you according to the definition of task.

T: then it might mean for me real size, so very close to me.

I: what’s interesting for me is how each understands the notion of shadow, the kaleidoscope.

C: I enjoyed the energy of Tashi created in the room by marking time and intention for me.

However, I couldn’t understand the words ‘life size’, but it was all too fun to stop so I kept changing something when hearing just a sound.

Second task: contradictions: slow

 fast

 drop it, as an exit point.

S thought: sessions where gender became a definer / identifier embedded in dancers’ energy. masculine vs feminine energy. Opposites of a spectrum, with impulsiveness, challenge on one side and inner contemplation, room for (each other) breath on the other. Are these primordial states of being?

I: a battle with commitment toward the other / responsibility for each other. Ethic into play.

C: yes, until a certain point though, when masochism comes into play, to exhaust myself with no limits, it became competitive and the ethic was put aside.

I: when are you getting to drop it? Is it a physical or a thinking drop?

T: for me there was no ethic and no competition into play, it was more to make it fun for myself in not wanting to compose, how can I be random, spontaneous. The drop it was an exit point when I was getting bored of the status I was in.

S: did you apply the same criteria of randomness in the shadow task as well, consider that you’ve to imagine a shadow (think as an action) whereas going fast or slow is more physical action?

T: I’ve to think about it, good question!

S: è come avere un blocco e pian piano prendere coscienza del suo spessore, ma ognuno a modo suo, non sarà mai esattamente uguale.